

WHAT IS BULLYING?

BULLYING IS REPEATEDLY AND DELIBERATELY CAUSING HARM TO OTHERS

This may be:

- Physical actions e.g. hitting, pinching
- Hurting others' feelings through words or actions e.g. name calling, taking things from others
- Excluding children from friendship groups in a deliberate, calculated manner

What should a child do if they are being bullied?

- Let an adult in school know
- Let an adult at home know so that adult can inform the school

WE TAKE BULLYING VERY SERIOUSLY

UNKINDNESS

There are occasions when children are unkind to one another. On the first occasion we would consider this to be unkindness. Once the school is made aware of a situation we would deal with the incident and the pupil concerned would receive a consequence for being unkind. If that situation occurred again we would consider that to be bullying.

ONCE IS UNKINDNESS TWICE IS BULLYING

WHAT HAPPENS AFTER BULLYING IS REPORTED?

- A teacher will ask your child what has happened
- The teacher will speak to the child who has been bullying
- The teacher will let the Headteacher or Deputy Headteacher know
- Your child will be told what the school will do to stop the bullying
- The child who has been bullying will be told that there must be no further incidents and a consequence will be put in place
- You will be told about what has happened and what we will do to help your child
- The parents of the child who has been bullying will be told what has happened and what will be done to stop the bullying
- If there are any more incidents then your child must inform an adult in school again.
- If there are more incidents the Headteacher will meet with you and the other parents and will discuss what will be done to stop the bullying

WHAT WILL THE SCHOOL DO TO HELP YOUR CHILD?

- We will let other adults who work with your child's class know about the problems so that they can keep an eye on your child
- We will ask your child's class teacher to check with your child regularly that there have been no further incidents
- For very serious incidents, we may arrange a Restorative Practice conference.

What is Restorative Practice?

Restorative Practice is about putting right the harm caused, encouraging responsibility and re-integration. Wronged and wrong-doer achieve this together with facilitators on the sidelines. It is about mending relationships.

Where the use of Restorative Practice is considered, parents will be contacted by the Class Teacher, Deputy Headteacher or Headteacher who will explain the process.

WHAT WILL HAPPEN TO THE CHILD WHO HAS BEEN BULLYING?

- There may be immediate consequences such as loss of break or reward time
- We will let other adults who work with that child's class know about the problems so that they can keep an eye on that child.
- A learning mentor might be asked to do some work with the child to help them recognise and change their behaviour.
- For very serious incidents, the child who is bullying will be excluded from school for a fixed amount of time. This is a decision that will be taken by the Headteacher after careful consideration.

CYBERBULLYING

Sadly, in our modern world, bullying can take place online. If you feel that such an incident has happened at school please do not hesitate to let us know. Help and support for children who have been involved in cyberbullying can be found at

www.childline.org.uk

ROLE OF PARENTS

One of the most effective strategies in promoting good behaviour and dealing with any incidents of bullying is when the school and parents work closely together.

If you think that your child is being bullied then please contact the school immediately and your concerns will be investigated.

Encourage your child to always report incidents of bullying to their teacher.

A copy of the school's behaviour policy is available on request.

Other leaflets you may find useful:

- *Home/School agreement*
- *Promoting Good Behaviour at Long Meadow School*



PROUD OF OUR SCHOOL

WHAT TO DO IF YOUR CHILD IS BEING BULLIED

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